

Workshop schedule - Winter Festival in Ås, 10-12/2 2023

V&J = Virginia Vasconi & Juan Cupini

VV = Hector Corona

JC = Juan Cupini

		The Old beautiful house				Torsta School, room A			
Time		Lesson	Level	Teacher	Lesson	Level	Teacher		
Friday	18:00 - 19:30	A Simple sequences for Tango de Pista	BI - A	V&J					
	20:00 - 21:00	<i>Practica " Crazy Horse " for tonight's milonga</i>			V&J				
Saturday	10:00 - 11:30	B Technique for follower, posture, etc...	BI - A	VV	C Technique for leaders, posture etc...	BI - A	JC		
	13:00 - 14:30	<i>Day milonga 11:45 - 16:30</i>			D Milonga, rhythmical structures	I / IA	V&J		
	15:00 - 16:30				E Vals, focus on cadence and musicality	IA / A	V&J		
Sunday	10:00 - 11:30	<i>Day milonga 11:45 - 17:00</i>			F Different types of Caminata	I / IA	V&J		
	13:00 - 14:30				G Circular Barridas	IA / A	V&J		
	15:00 - 16:30				H Combinations of Ganchos	I / IA	V&J		

Workshop Description:

A	Simple sequences for Tango de Pista/ Social dancing
B	Technique for followers, basic motions, posture, walk, pivots, body training and coordination, exercises. For followers.
C	Technique for leaders, basic motions, posture, walk, pivots, body training and coordination, exercises. For leaders.
D	Milonga, rhythmical structures
E	Vals, focus on cadence and musicality
F	Different types of Caminata
G	Circular Barridas
H	Combinations of Ganchos
DJ	DJ seminar with DJ Luca Lamberti

DJ- and regular private lessons

LL = Luca Lamberti

Torsta gymnasium						The Old...			
Library			B1-hall		A-hall		Dancehall		
Time	Code	DJ-lesson			Time	Code	Private lesson	Code	Private lesson
Friday					14:00 - 15:00	JC1	Juan nr 1	VV1	Virginia nr 1
	19:45 - 21:45	DJ1	DJ-seminar part 1, LL		15:00 - 16:00	JC2	Juan nr 2	VV2	Virginia nr 2
Saturday	10:00 - 11:30				10:00 - 11:30				
	12:45 - 14:45	DJ2	DJ-seminar part 2, LL		13:00 - 14:30				
	15:00 - 16:30				15:00 - 16:30				
Sunday	10:00 - 11:30				10:00 - 11:30				
	13:00 - 14:30				13:00 - 14:30				
	15:00 - 16:30				15:00 - 16:30				

Private lessons 90 €

Private teachers

VV = Virginia Vasconi

JC = Juan Cupini

Levels:

- Most often one belong to different levels in different roles, techniques, styles and dances
- Register to a level you feel comfortable with in order to make the lesson worthwhile for yourself and fellow participants
- It is a good choice to register for a lower level in purpose of repetition
- If you are not sure about the levels, ask us for advice!**

			Experience (years)
BI	= Beginners Intermediate	You are leading/following in the caminata and are lerning basic combi	½ - 1
I	= Intermediate	You are using basic combinations, and have started with milonga and	1 - 2
IA	= Intermediate Advanced	You are improvising your dance and are using lots of combinations	2 - 5
A	= Advanced	You are adapting well to the music, and feel comfortable on crowded d	5 ---

Extra private lessons outside regular festival hours

(Both teachers use the hall at the same time for these lessons below.)

The Old beautiful house, dancehall					
<u>Time</u>	<u>Code</u>	<u>Private lessons</u>	<u>Code</u>	<u>Private lessons</u>	
Thursday	11 - 12	TJ1	Juan Cupini	TV1	Virginia Vasconi
	12 - 13	TJ2	Juan Cupini	TV2	Virginia Vasconi
	Lunch				
	14 - 15	TJ3	Juan Cupini	TV3	Virginia Vasconi
	15 - 16	TJ4	Juan Cupini	TV4	Virginia Vasconi
Friday	10 - 11	FJ1	Juan Cupini	FV1	Virginia Vasconi
	11 - 12	FJ2	Juan Cupini	FV2	Virginia Vasconi

<u>Private teachers</u>
VV = Virginia Vasconi
JC = Juan Cupini

Private lessons 80 €
